

FALL/ WINTER DAILY SCHEDULE - PRE-SCHOOL ROOM

(Schedule may change based on children's interests. Changes are noted on program plan)

7:30a.m. – 8:30 a.m.	Children arrive/ free play				
8:30 a.m. – 8:40 a.m.	Tidy Up Time				
8:40 a.m. – 9:00 a.m.	Outdoor/ Indoor Activities (gross motor) (if incremental weather, indoor small group play in the room)				
9:00 a.m. – 9:30 a.m.	Breakfast				
9:30 a.m. – 9:40 a.m.	Transition time – Cloakroom for Outdoor				
9:40 a.m. – 10:40 a.m.	Outdoor/ Indoor Activities (gross motor) (if incremental weather, indoor small group play in room)				
10:40 a.m. . – 11:00 am	Large group activities				
11:00 a.m. – 11:30 a.m.	<u>Mon.</u> Theatre/ Creative/ Choice of activities	<u>Tues.</u> Music	<u>Wend.</u> Creative/ Choice of activities	<u>Thurs.</u> Yoga	<u>Fri.</u> Creative/ Choice of activities
11:30 a.m. – 11:50 a.m.	Children engage in various activities in classroom				
11:50 p.m. – 12:00 p.m.	Wash hands and transition to lunch				
12:00 p.m. – 12:30 p.m.	Lunch time				
12:30 p.m. – 1:00 p.m.	Transition time, washroom, reading books in bed				
1:00 p.m. – 3:00 p.m.	Rest time/ quiet activities for children not sleeping				
3:00 p.m. – 3:15 p.m.	Washroom routine/ transition time				
3:15 p.m. – 3:45 p.m.	Children engage in various activities in classroom				
3:45 p.m. – 4:00 p.m.	Large Group Experience				
4:00 p.m. – 4:20 p.m.	Afternoon snack				
4:20p.m. – 4:30 p.m.	Transition time - Cloakroom				
4:30 p.m. – 5:30 p.m.	Outdoor/ Indoor Activities (gross motor) (if incremental weather, indoor small group play in the room)				
5:30 p.m. – 6:00 p.m.	Quite Activities - Home				